

Local 329 Buzz



KEEPING MEMBERS UNITED

News and Information for OPSEU Local 329

November Issue

Message to our members

By now we have all received our retro payments for 2014-2016. Members who remain red circled will be receiving a lump sum payment for each year in lieu of a wage increase, which have been paid for 2014 and 2015. Because lump sum payments are only paid out once earned, the 2016 payouts will occur over three pays between now and May 2017. We understand this process can be frustrating and

we thank you all for your patience over these past few weeks. We would like to send a special thank you to everyone in the Financial Services Department for all their hard work over the past couple of months. We can only imagine the work and extra hours you all had to put in to ensure we were paid in as timely a manner as possible. On behalf of our members, we send you our sincerest thanks.

Baby Item and Food Drive

Every year around Christmas, the Local donates to local charities. This year, we thought we would support the Salvation Army Food Bank and Ontario Early Years Centre Simcoe North Midland – Emergency Baby Needs Depot by doing a baby item and food drive. We will have a box (or hopefully many) in the Union Office or on Beckwith B (with

Alyson Parent) where members can drop items for either charity between November 28th and December 2nd. Although all items are appreciated, baby items in higher demand are: jars of baby food, infant formula and diapers (size 5 or 6). Thank you in advance for your support!

Health and safety matters

Exposure to infectious substances is a very common occurrence in our line of work. WSIB has a form available, Worker's Exposure Incident Form (which will be available on our website soon). This form is completed and submitted voluntarily by the member (contact information is available on the form) when there hasn't been any illness or loss of time (for example: member was spat on during rounds on the corridor, feces came into

contact with housekeeping staff while they were cleaning a soiled room, etc.). In an environment such as ours, we feel it's important for WSIB to be aware of all the risks we face in day to day activities, even those that don't result in physical injuries. We are asking all members to please take the few minutes required to complete and submit the form any time you have been in contact with any infectious substances. Thank you!

OOPS!

Our apologies! October was Occupational Therapy month and the 3rd week of October was Employment Specialist week but we missed including it in our October newsletter. Thank you to all our OTs and Employment Specialists for everything you do!

Upcoming events

Food and baby item drive November 28th to December 2nd. See page 1 for more details.

Email distribution list blitz

Thank you to Kevin Rawson, Sharon Parent and Alyson Parent who did an email distribution list blitz in the Atrium Lobby October 18th. It was such a success, (we increased our database by more than 60%), that we decided to do it again. We are still working on a schedule to ensure we are available to reach as many members as possible. We will post dates, times and locations on

our Facebook page when confirmed. As always, you can sign up directly from our website, opseulocal329.ca, under the "contact us" tab. Once your information has been entered into the database, you will receive an email from our website to confirm subscription. If you don't complete this last step you will not receive any emails we send out.

Puzzle winners

Congratulations to our September puzzle winners, Dean Scott and Amanda Macy, and to our October winners, Gail Maracle and Fawn Buker. You have each won a \$10

gift certificate to Tim Hortons. Thank you to everyone who participated. Don't forget to send in your completed puzzles every month for your chance to win.

We want to hear from you

Do you have any suggestions for newsletter content? Do you have a recipe you want to share? If so, please send it to us via the "contact us" link on our website or email it to alyson.parent@yahoo.ca.

Did you know?

The Local will donate gift cards to your discipline's appreciation day, week or month. Please send requests to Alyson Parent, Local Treasurer, for further information. Please provide us with as much notice as possible for approval and gift card purchases.

Coffee Date Nut Loaf

(submitted by Gail Redditt)

Ingredients:

- 1 cup chopped dates
- 1 cup strong hot coffee
- 1 tsp baking soda
- 1 ½ cups flour
- 1 large egg
- 1 cup white sugar
- 3 tbsp butter
- 1 tsp vanilla
- Pinch of salt
- 1 cup chopped nuts (walnuts or pecans)*

Directions:

1. Put dates in large bowl and sprinkle with baking soda. Pour hot coffee over dates and mix. Set aside (it will froth up).
2. Beat butter, egg and sugar until light and fluffy then add vanilla. In separate bowl mix flour and salt together.
3. Alternately, add some flour mixture to some wet mixture then add some date mixture. Continue adding until all is mixed fully adding nuts* at the end.
4. Fold into a greased/sprayed loaf pan.
5. Bake in a 350° oven for approximately 60 minutes

*I always toast the nuts in the oven prior to adding to mixture. The nuts become firm, crunchy and have a wonderful nutty flavour.

NAME: _____

EXT: _____

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E	B	A	T	Y	G	G	F	E	A	S	D	K	L	O	P	O	M	N	O	N	B	P
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C	L	L	R	A	L	L	I	E	S	E	R	A	H	T	L	I	L	E	C	K	R	E

BE SAFE

BUZZ

COMMUNICATION

COMPOSITE LOCAL

DISTRIBUTION LIST

GRIEVANCES

LABOUR RELATIONS

LEC

MEMBER DISCOUNTS

NEWSLETTER

PUBLIC SERVICE

RALLIES

SAFETY MATTERS

STAY SAFE

Please submit completed puzzles to Alyson Parent, on Beckwith B
by noon on November 29, 2016 for your chance to win!